

PFLA

Professional Faculty Leadership Association

Official Newsletter
February 2012

PFLA Executive Board 2011-2012

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PFLA President's Corner

Fall term certainly zipped right by! In addition to your busy desks, many of you joined the PFLA Board at University Day; 'Make It Sticky' conference with Nora Vita Harrison; 'After-Hours Networking'; Annual PFLA Winter Gala; lunch and conversation with President Ray and the inspiring Staff Art Exhibit. The Board members are committed to organizing these events and we know you have many choices across campus for networking and professional growth and I would like to personally thank each of you for attending the PFLA events. As PFLA members you are encouraged to share your suggestions of speakers for

professional growth and other networking ideas with any Board member.

Reminder to support the OSU Food Drive. I am truly amazed at the variety of daily events across campus working to feed our local community members.

I look forward to seeing you at future events which you will learn more about throughout the newsletter.

Thank you,

Michelle Mahana
PFLA President

Call for Nominations

We are soliciting nominations for PFLA Board Members for the following positions: President Elect, Secretary, Treasurer, Web Services Director, Professional Development Director, Membership Director and Marketing Director. To serve on the PFLA Board, you must be or become a member of PFLA and you must hold professional faculty/staff status. The position descriptions are available at <http://people.oregonstate.edu/groups/pfla/bylaws>

The terms of office will be from September 1, 2012 through August 31, 2013. All terms are for one year excluding President Elect which is part of a 3-year term which includes President and Past President. Our deadline for accepting nominations is March 30, 2012.

Service on the PFLA Board is an exciting and rewarding activity where you can make a difference and provide input on issues of interest to professional faculty on campus. Think about where you might be able to contribute to the Board and volunteer to run for a position. Perhaps you know a colleague you would like to nominate. Contact either Deb Walker (deborah.walker@oregonstate.edu) or Janet Ekholm (janet.ekholm@oregonstate.edu) with your nominations. We are looking forward to hearing from you!

Professional Development

SAVE THE DATE for PFLA's next Professional Development event: "Overwhelm and Overload Smackdown! The Art and Science of Doing More with Less". Workloads get heavier and timelines get tighter. As stress increases, you and your colleagues edge toward overload or overwhelm. Knowing how to identify the differences between these two similar, yet distinct, syndromes will allow you to take the right actions to prevent burnout, disengagement, and ineffectiveness.

By the end of this workshop, you will

- Be able to differentiate between overload and overwhelm
- List techniques and skills to corral workload
- Create a plan to reduce stress and increase the sense of control

Presenter: Tara Rodden Robinson, Ph.D., ACC; Productivity Facilitator

This event will be held at the Giustina Gallery, LeSells Stewart Center on Tuesday, April 17th. The buffet lunch and networking will take place from 11:30 – 12:00 noon and the presentation will conclude with closing comments at 1:50 pm.

Save the Date!

Save-the-date of March 1! Join us for the next PFLA networking event where you can connect with co-workers in a fun after-work environment. The days get busy, so here's a great chance to catch up with others, after work! PFLA members will have a table reserved at the Hilton Garden Inn lounge from 5-7 on March 1, for this very reason. The Hilton also gives all faculty and staff at OSU a 20% discount on Thursdays, just in case you need a little extra incentive. Hope to see you there!

PFLA Spring Gala

The PFLA Spring Gala is scheduled for June 7th from 11:30 – 1:00 at The Vue. Our Silent Auction will be featuring artists from around campus. Please join us for lunch and celebrate the great talent around us. For more information, keep an eye on our website.

Our Hero Award

Throughout the year, PFLA presents a token of appreciation to an extraordinary person or group on campus or within OSU state wide thanking them for their efforts. Karren Cholewinski, Budgets Fiscal and Planning, was recognized in January. Karren is unfailingly friendly and helpful to all she meets. She sees everyone as someone she will like and want to help. She is a tireless worker. Nothing is too big or small for her to tackle and she does it all with confidence, competence, and a smile which makes working with her such a joy. Her positive attitude is an inspiration to us all in how to handle the shifting tides as Oregon State University with grace and dignity.

On February 14, Terralyn Vandetta, College of Forestry, was recognized. Terralyn is very responsive to any requests and great at following up in a timely manner.

Her customer service skills are exceptional and she is always willing to help. She is extremely friendly to approach with any problem you may be having. Her contributions are greatly appreciated as she continuously goes "beyond the call of duty" Terralyn is instrumental in "raising the roof" on the College of Forestry's contribution to the Food Drive and the funds collected for the Linn-Benton Food Share.

Nominations are reviewed monthly, so be sure to submit the name of your heroes. Candidates must be nominated by PFLA members, but you do not have to be a member to be one of "our heroes." While nominations will be solicited from the membership from time to time, the "Our Hero" nomination form may be submitted anytime during the year.